

Greenvale Primary School Canteen Menu 2018

Eating Options

Healthy (These foods can be eaten everyday)

Occasional Foods

Packs Include: individual item, PLUS choice of water, apple juice or orange juice AND choice of apple or blueberry muffin.

Bread Type: Wholemeal, unless Multigrain or White specified.

<u>Salad Tubs</u>		<u>SINGLE PACK</u>		<u>Hot Food</u>		<u>SINGLE PACK</u>	
Cheese & Salad		\$5.00	\$6.50	Lasagne 97% fat free	\$4.50	\$6.50	
Ham & Salad		\$5.00	\$6.50	Macaroni Cheese 97% fat free	\$4.50	\$6.50	
Chicken & Salad		\$5.00	\$6.50	Spaghetti	\$4.50	\$6.50	
Tuna & Salad		\$5.00	\$6.50	Pizza 97% fat free	\$4.00	\$6.50	
				(Hawaiian & Margarita)			
<u>Wraps</u>		<u>SINGLE PACK</u>		Hot Chicken Roll	\$4.50	\$6.50	
Chicken Tender wrap		\$4.00	\$6.50	Corn on Cob	\$1.00		
With lettuce & tomato				Baked Chicken Burger	\$4.50	\$6.50	
Sweet chilli chicken tender wrap		\$4.00	\$6.50	With Cheese, lettuce, mayo & tomato			
With mayo lettuce & tomato				Cheese Burger	\$4.50	\$6.50	
Ham & Salad wrap		\$4.00	\$6.50	With Cheese lettuce & tomato			
<u>Sandwiches, Rolls & Wraps</u>				Fish Burger With lettuce, mayo & tomato	\$4.50	\$6.50	
	<u>Sandwiches</u>			Lite Pie or Pastie	\$4.00		
	<u>Or Wraps</u>	<u>ROLL</u>	<u>PACK</u>	Lite Sausage Roll	\$3.50		
Cheese	\$2.00	\$3.00		Lite Party Pie or Sausage Roll	\$1.00		
Vegetemite	\$2.00	\$3.00		Hot Dog Skinless – Plain	\$3.50		
Salad	\$3.00	\$4.00	\$5.50	- Lite Cheese	\$4.00		
Tuna	\$3.00	\$4.00	\$5.50	Baked Chicken Nugget	\$0.80		
Fresh Chicken	\$3.00	\$4.00	\$5.50	Steamed Dim Sims	\$0.80		
Ham	\$3.00	\$4.00	\$5.50	Baked Wedges	\$4.50		
Egg	\$3.00	\$4.00	\$5.50	Nachos (Salsa & Lite Cheese)	\$4.50		
<u>Extras each</u>				Noodles in a Cup (Beef/Chicken)	\$3.00		
Lettuce, tomato, carrot, cucumber or beetroot			\$0.40	Sweet Chilli Tender	\$2.00		
Cheese or cold meats			\$0.50	Plain Chicken Tender	\$2.00		
Toasted sandwich			\$0.50	Patizzi – Ricotta	\$1.00		
				Sauce Sachet	\$0.30		
				Lite Sour Cream	\$0.50		
<u>Jaffles</u>				<u>Fresh Fruit</u>			
Baked Beans or Spaghetti			\$3.00	Fruit will be available according to season		\$1.00	
<u>Halal Menu</u>		<u>SINGLE PACK</u>		<u>Snacks</u>			
Steamed Dims Sims			\$0.80	JJ (Assorted Flavours)		\$1.20	
Chicken Nuggets			\$0.80	JJ Noodle (BBQ & Chicken)	\$1.20		
Chicken Burgers		\$4.50	\$6.50	Popcorn (Assorted Flavours)		\$1.20	
With Cheese, lettuce, mayo & tomato				Red Rock Deli Chips		\$1.20	
Chicken Tenders	\$2.00			Large Homemade Muffin	\$1.20		
Hot Dog	\$3.50			Lite Jelly in a Cup	\$1.00		
Pies	\$4.00			Custard in a Cup	\$1.20		
Beef Burgers	\$4.50	\$6.50		Yoghurt Cups (Various Flavours)	\$2.00		
With Cheese, lettuce & tomato				Frozen Orange Quarter	\$0.30		
Sausage Roll	\$3.50			Frozen Pineapple Ring	\$0.50		
<u>Ice Creams</u>				Fruit Salad	\$1.50		
Fruit Slush Puppy 99% Juice			\$2.00	Fruit Salad (Small)	\$1.00		
Frozen Yoghurt Tubes			\$1.00	Le Snack / Banana Chips	\$0.50		
Quelch Tube			\$1.00	Brownies	\$0.50		
Streets Ice Cream		Various prices		Vanilla Cake Slice	\$0.50		
Jelly Fruits / Juice Cups / Zooper doopers		\$0.50		Cookies	\$1.00		
Jelly Straws		\$0.30		Crackers	\$0.10		
<u>Drinks</u>				Pretzel Tubs / Mixed Nibble Tubs		\$0.50	
250ml Big M (Strawberry or Chocolate)		\$2.20		Fairy Bread	\$0.50		
Bottled Water		\$2.00		Scoops of Milo		\$0.20	
250ml Just Juice		\$2.00		Corn Tops (BBQ or Cheese)	\$1.00		
Quench Drinks (Cola, lemon Lime, Orange)		\$2.20					

Other healthy snacks also available from the canteen